

River Ridge Seniors Village, Supportive Living			July 2025				Activities May Change due to Staffing or unforeseen.	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
		1, Stat Day, No Activities 	2, 10:30am Sit & Stretch in GM 10:30am Cubii Exercise 1:30pm Armchair Travel- Canada 1:00pm Undecor 3:30pm Slide Card Bingo 6:30pm Live Entertainment Rodi & the Guys	3, 10:30am Card Game  10:30am Cubii Exercise 1:30pm Walks outside 3:30pm Slide Card Bingo	4, 10:30am Cubii Exercise 1:30pm Rock Painting  3:30pm Resident House Social A fun Filled Hour to Reminice	5, 1:00pm Afternoon Movie 1:30pm Card Game 		
6 	7, 10:30am Card Game  1:30pm Rough Draft Live Entertainment  3:30pm Slide Card Bingo	8, 10:30am Plinko game 1:30pm Cookie Baking in GM  3:30 Resident House Social A fun Filled Hour to Reminice	9, Lunch at the Mall Bus loading at 10:30am  3:30pm Slide Card Bingo	10, 10:30am Drum Fit  1:30pm Horse Racing  3:30pm Slide Card Bingo	11, 10:30am Artist Art 1:30pm Queens of Country- Sing Song in Theatre  3:30pm Resident House Social A fun Filled Hour to Reminice	12, 1:00pm Afternoon Movie 1:30pm Card Game 		
13 Bake Sale July 18 th  Please Dress up Stampede Week with Stampede Attire July 21-27	14, Video Chats 10:30am Cubii Exercise Clean up Day 	15, 10:30am Drum Fit  1:00pm Stamped Prep 3:30 Resident House Social A fun Filled Hour to Reminice	16, 10:30am Tetris Game 10:30am Cubii Exercise 1:00pm Stampede Prep 3:30pm Slide Card Bingo 	17, 10:30am Card Game  1:00pm Stampede Prep 1:30pm Horse Racing  3:30pm Slide Card Bingo	18, Bake Sale  10:30am Cubii Exercise 10:30am Card Game  10:30am Cowboy Hat prep 1:00pm Stampede Prep 3:30pm Resident House Social	19, 1:00pm Afternoon Movie 1:30pm Card Game 		
20, Stampede Week 	21, Chilli Cook Off 10:30am-2pm at the Bistro  3:30pm Slide Card Bingo	22, 11:30am Stampede Parade 1:30pm Live Entertainment We Three Trio 3:30pm Resident House Social A fun Filled Hour to Reminice 	23, 10:30am-2pm Vintage Cars  1:30pm Live Country Music Willie & The Bandits in GM	24, Medicine Hat Stampede Parade 	25, 10:30am Cubii Exercise 10:30am Kings of Country- Sing Song in Theatre 1:30pm Just Dance Line Dance  3:30pm Resident House Social	26, 1:00pm Afternoon Movie, 1:30pm Card Game 		
27 	28, Video Chats 10:30am Cubii Exercise 1:30pm Undecorating 3:30pm Slide Card Bingo 	29, 11:30am Mascot Parade with Monty and Marshall  1:30pm 60 mintue complamentry Seminar with Kare Jacoba in the Theatre 3:30pm Resident House Social A fun Filled Hour to Reminice	30, 10:30am Sit & Stretch in GM 1:00pm Nail Care in Games Room  3:30pm Slide Card Bingo	31, 10:30am Drum Fit  1:30pm Birthday Social Live Entertainment with Phil Marleau 				

River Ridge Seniors Village, Long Term Care

July 2025 Activities May Change due to Staffing or unforeseen.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1, Stat Day, No Activities 	2,9:30am Balloon Fit 10:30am Aqua Painting 1:30pm Armchair Travel- Canada 3:30pm Slide Card Bingo 6:30pm Live Entertainment Rodi & the Guys	3, 9:30am Balloon Fit 10:30am Nail Care  3:30pm Slide Card Bingo	4, 9:30am Balloon Fit 10:30am Rock Painting  3:30pm Resident House Social A fun Filled Hour to Reminice	5, 1:30pm One on One visit
6 	7, 9:30am Balloon Fit 1:30pm Rough Draft Live Entertainment  3:30pm Slide Card Bingo	8, 9:30am Balloon Fit 10:30am Plinko game in GM 1:30pm Cookie Baking in GM  3:30 Resident House Social A fun Filled Hour to Reminice	9, 9:30am Balloon Fit Lunch at the Mall Bus loading at 10:30am  3:30pm Slide Card Bingo	10, 11:00am Drum Fit  1:30pm Horse Racing  3:30pm Slide Card Bingo	11, 9:30am Balloon Fit 10:30am Trivia 1:30pm Queens of Country- Sing Song in Theatre  3:30pm Resident House Social	12, 1:30pm One on One visit
13 Bake Sale July18 th  Please Dress up Stampede Week with Stampede Attire July 21-27	14, 9:30am Video Chats Clean up Day 	15, 9:30am Balloon Fit 11:00am Drum Fit  1:00pm Stampede Prep 3:30 Resident House Social A fun Filled Hour to Reminice	16, 9:30am Balloon Fit 10:30am Tetris Game 1:00pm Stampede Prep 3:30pm Slide Card Bingo 	17, 9:30am Balloon Fit 10:30am Nail Care  1:00pm Stampede Prep 1:30pm Horse Racing  3:30pm Slide Card Bingo	18, Bake Sale  9:30am Balloon Fit 10:30am Cowboy Hat prep 1:00pm Stampede Prep 3:30pm Resident House Social A fun Filled Hour to Reminice	19, 1:30pm One on One visit.
20, Stampede Week 	21, Chilli Cook Off 10:30am-2pm  3:30pm Slide Card Bingo	22, 9:30am Balloon Fit 10:30am Stampede Parade 1:30pm Live Entertainment We Three Trio 3:30 Resident House Social 	23, 9:30am Balloon Fit 10:30am-2pm Vintage Cars  1:30pm Live Country Music Willie & The Bandits in GM	24, Medicine Hat Stampede Parade 	25, 9:30am Balloon Fit 10:30am Kings of Country- Sing Song in Theatre 1:30pm Just Dance Line Dance  3:30pm Resident House Social A fun Filled Hour to Reminice	26, 2:00pm Ice Cream Cart
27, 	28, 9:30am Video Chats 1:30pm Undecorating 3:30pm Slide Card Bingo 	29, 10:30am Mascot Parade with Monty and Marshall  1:30pm 60 mintue complamentry Seminar with Kare Jacoba in the Theatre 3:30pm Resident House Social	30, 9:30am Balloon Fit 10:30am Nail Care  3:30pm Slide Card Bingo	31,11:00am Drum Fit  1:30pm Birthday Social Live Entertainment with Phil Marleau 		

River Ridge Seniors Village, Paradise Lane

July 2025

Activities May Change due to Staffing or unforeseen.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1, Stat Day, No Activities 	2,10:30am Sit & Stretch in GM 1:30pm Armchair Travel- Canada 1:00pm Undecor 3:30pm Slide Card Bingo 6:30pm Live Entertainment Rodi & the Guys	3, 9:00am Sit & Stretch 10:30am Card Game  10:30am Cubii Exercise 1:30pm Walks outside 3:30pm Slide Card Bingo	4, 9am Walks outside 10:30am Cubii Exercise 1:30pm Rock Painting  3:30pm Resident House Social A fun Filled Hour to Reminice	5, 2:30pm Cubii exercise
6, 	7, 9:00am Sit & Stretch 1:30pm Rough Draft Live Entertainment  3:30pm Slide Card Bingo	8, 9:00am Sit & Stretch 10:30am Plinko game in GM 1:30pm Cookie Baking in GM  3:30 Resident House Social A fun Filled Hour to Reminice	9, 9am walks outside Lunch at the Mall Bus loading at 10:30am  3:30pm Slide Card Bingo	10, 9:00am Sit & Stretch 10:30am Drum Fit  1:30pm Horse Racing  3:30pm Slide Card Bingo	11, 9am Trivia 10:30am Artistic Art 1:30pm Queens of Country- Sing Song in Theatre  3:30pm Resident House Social	12, 2:30pm Cubii exercise
13 Bake Sale July 18 th  Please Dress up Stampede Week with Stampede Attire July 21-27	14, 9:30am Video Chats Clean Up Day 	15, 9:00am Walks Outside 10:30am Drum Fit  1:00pm Stampede Prep 3:30 Resident House Social A fun Filled Hour to Reminice	16, 9:00am Walks Outside 10:30am Tetris Game 1:00pm Stampede Prep 3:30pm Slide Card Bingo 	17, 9:00am Sit & Stretch 10:30am Nail Care  1:30pm Horse Racing  3:30pm Slide Card Bingo	18, Bake Sale  9:00am Sit & Stretch 10:30am Cowboy Hat prep 1:00pm Stampede Prep 3:30pm Resident House Social A fun Filled Hour to Reminice	19, 2:30pm Cubii exercise
20,Stampede Week 	21, Chilli Cook Off 10:30am-2pm  3:30pm Slide Card Bingo	22, 9:00am Sit & Stretch 11:00am Stampede Parade 1:30pm Live Entertainment We Three Trio 3:30pm Resident House Social 	23, 10:30am-2pm Vintage Cars  1:30pm Live Country Music Willie & The Bandits in GM	24, Medicine Hat Stampede Parade 	25, 9:00am Sit & Stretch 10:30am Kings of Country- Sing Song in Theatre 1:30pm Just Dance Line Dance  3:30pm Resident House Social	26, 1:30pm Ice Cream Cart
27, 	28, 9:30am Video Chats 10:30am Cubii Exercise 1:30pm Undecorating 3:30pm Slide Card Bingo 	29,11:00am Mascot Parade with Monty and Marshall  1:30pm 60 mintue complamentry Seminar with Kare Jacoba in the Theatre 3:30pm Resident House Social	30, 9:00am Walks Outside 1:30pm Nail Care in Games Room  3:30pm Slide Card Bingo	31,10:30am Drum Fit  1:30pm Birthday Social Live Entertainment with Phil Marleau 		