





River Ridge Seniors Village, Supportive Living

August 2022,

Programs are subject to change,

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1, Stat Day No Activities Civic Day	2, Virtual Video Chats 10:30 DVD Yoga, Theatre 1:15 & 3pm Armchair travel in the Theatre  3:30 Resident House Social A fun Filled Hour of Reminice	3, Virtual Video Chats 1:00pm Afternoon Walks Weather Permitting 3:30 Slide Card Bingo 6:30pm Live Entertainment Di & the Guys	4, Virtual Video Chats 10:30 DVD Yoga, Theatre 1:30pm Virtual Video Walking Tours, in the Theatre 3:30pm Slide Card Bingo	5, Virtual Video Chats 10:30 Therapuetic Artistic Art 1:30 Laughter and Lemonade 3:30 Resident House Social A fun Filled Hour of Reminice	6, Virtual Video Chats
7, Phone #'s Hair Salon 403-878-5880	8, Virtual Video Chats 1:30pm Virtual Video Walking Tours, in the Theatre 3:30pm Card Bingo	9, Virtual Video Chats 10:30 DVD Yoga, Theatre 1:30pm Live Entertainment Senior Moments 3:30 Resident House Social A fun Filled Hour of Reminice	10, Virtual Video Chats 1:00pm Afternoon Walks Weather Permitting 3:30pm Slide Card Bingo	11, Virtual Video Chats 1:30pm Virtual Video Walking Tours, in the Theatre 3:30pm Slide Card Bingo	12, Virtual Video Chats 10:30 Therapuetic Artistic Art 1:30 Live Entertainment, Nothing Fancy on LTC 3:30 Resident House Social A fun Filled Hour of Reminice	13, Virtual Video Chats
14,	15, Virtual Video Chats 1:30pm Games Club, in the Games Room 3:30pm Card Bingo	16, Virtual Video Chats 1:15 & 3pm Afternoon Movie  3:30 Resident House Social A fun Filled Hour of Reminice	17, Virtual Video Chat 11:00am Resident Meeting 1:00pm Afternoon Walks Weather Permitting 3:30 Slide Card Bingo	18, Virtual Video Chats 10:30 DVD Yoga, Theatre 1:30pm Virtual Video Walking Tours, in the Theatre 3:30pm Slide Card Bingo	19, Virtual Video Chats 10:30 Therapuetic Artistic Art 1:30pm Ice Cream Floats on Main Street  3:30 Resident House Social A fun Filled Hour of Reminice	20, Virtual Video Chats
21, Bake Sale, Thursday, Aug 25th, 10am 	22, 1:30pm Virtual Video Walking Tours, in the Theatre 3:30pm Card Bingo	23, Virtual Video Chats, 10:30 DVD Yoga, Theatre 1:30pm Live Entertainment We Three Trio 3:30 Resident House Social A fun Filled Hour of Reminice	24, Virtual Video Chats 1:30pm Brain Twister and LEMONADE Mixer in the Games Room 3:30pm Slide Card Bingo	25, Virtual Video Chats 10:00am Bake Sale 1:30pm Spider Weiner Roast  3:30pm Slide Card Bingo	26, Virtual Video Chats 10:30 Therapuetic Artistic Art 1:30 Live Entertainment The Echo's Band 3:30 Resident House Social A fun Filled Hour of Reminice	27, Virtual Video Chats
28	29, Virtual Video Chats 1:30pm Games Club, in the Games Room 3:30pm Card Bingo	30, Virtual Video Chats 1:30pm Virtual Video Walking Tours, in the Theatre 3:30 Resident House Social A fun Filled Hour of Reminice	31, Virtual Video Chats 1:15 & 3pm Armchair travel in the Theatre  3:30 Slide Card Bingo			

River Ridge Seniors Village, Long Term Care

August 2022,






Programs are subject to change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1, Stat Day No Activities Civic Day	2, Virtual Video Chats 1:15 & 3pm Armchair travel in the Theatre  3:30 Resident House Social A fun Filled Hour of Reminice	3, Virtual Video Visits 9:00 One on One 1:00pm Afternoon Walks Weather Permitting 3:30pm Bingo 6:30pm Live Entertainment Di & the Guys	4, Virtual Video Chats 9:00 One on One 1:30pm Virtual Video Walking Tours, in the Theatre 3:30pm Bingo	5, Virtual Video Chats 10:30 Therapuetic Artistic Art 1:30 Laughter and Lemonade 3:30 Resident House Social A fun Filled Hour of Reminice	6, Virtual Video Chats
7, Mondays Thursdays	8, Virtual Video Chats 9:00 One on One 1:30pm Virtual Video Walking Tours, in the Theatre 3:30 Bingo	9, Virtual Video Chats 11:15am Nail care 1:30pm Live Entertainment Senior Moments, Games Room 3:30pm Resident House Social A fun Filled Hour of Reminice	10, Virtual Video Chats 1:00pm Afternoon Walks Weather Permitting 3:30pm Bingo	11, Virtual Video Chats 11:15am Nail care 1:30pm Virtual Video Walking Tours, in the Theatre 3:30pm Bingo	12, Virtual Video Chats 10:30 Therapuetic Artistic Art 10:45 Song Therapy 1:30 Live Entertainment, Nothing Fancy on LTC 3:30 Resident House Social A fun Filled Hour of Reminice	13, Virtual Video Chats
14 Phone #'s Hair Salon 403-878-5880	15, Virtual Video Chats 9:00 One on One 1:30pm Games Club, in the Games Room 3:30 Bingo	16, Virtual Video Chats 9:00 One on One 1:15 & 3pm Afternoon Movie  3:30pm Resident House Social A fun Filled Hour of Reminice	17, Virtual Video Chats 1:00pm Afternoon Walks Weather Permitting 2:00pm Resident Meeting 3:30pm Bingo	18, Virtual Video Chats 10:30 DVD Yoga, Theatre 1:30pm Virtual Video Walking Tours, in the Theatre 3:30pm Slide Card Bingo	19, Virtual Video Chats 10:30am Therapuetic Artistic Art 10:45 Song Therapy 1:30pm Ice Cream Floats on Main Street  3:30 Resident House Social A fun Filled Hour of Reminice	20, Virtual Video Chats
21 Bake Sale, Thursday, Aug 25th, 10am 	22, 1:30pm Art/Painting  3:30pm Bingo	23, Virtual Video Chats 9:00 One on One 10:30 Nail Care 1:30pm Live Entertainment We Three Trio 3:30pm Resident House Social A fun Filled Hour of Reminice	24, Virtual Video Chats 1:30pm Brain Twister and Lemonaide Mixer in the Games Room 3:30pm Bingo	25, Virtual Video Chats 10:00am Bake Sale 10:30 Nail care 1:30pm Spider Weiner Roast  3:30pm Bingo	26, Virtual Video Chats 9:00 One on One 10:30 Therapuetic Artistic Art 10:45 Song Therapy 1:30 Live Entertainment The Echo's Band 3:30 Resident House Social A fun Filled Hour of Reminice	27, Virtual Video Chats
28	29, Virtual Video Chats 1:30pm Games Club, in the Games Room 3:30 Bingo	30, Virtual Video Chats 9:00 One on One 10:30 Nail Care 1:30pm Virtual Video Walking Tours, in the Theatre 3:30 Resident House Social	31, Virtual Video Chats 1:30pm Water Mellon Treats  3:30pm Bingo			30, Virtual Video Chats

River Ridge Seniors Village, Paradise Lane

August 2022,

Programs are subject to change

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1, Stat Day No Activities Civic Day	2, Virtual Video Chats 9:00am DVD Yoga, 1:15 & 3pm Armchair travel in the Theatre  3:30 Resident House Social A fun Filled Hour of Reminice	3, Virtual Video Chats 9:00am DVD Yoga, 1:00pm Afternoon Walks Weather Permitting 3:30 Slide Card Bingo 6:30pm Live Entertainment Di & the Guys	4, Virtual Video Chats 9:00am DVD Yoga, 1:30pm Virtual Video Walking Tours, in the Theatre 3:30pm Slide Card Bingo	5, Virtual Video Chats 9:00am DVD Yoga, 10:30 Therapeutic Artistic Art 1:30 Laughter and Lemonade 3:30 Resident House Social A fun Filled Hour of Reminice	6, Virtual Video Chat
7, Phone #'s Hair Salon 403-878-5880	8, Virtual Video Chats 9:00am DVD Yoga, 1:30pm Virtual Video Walking Tours, in the Theatre 3:30pm Card Bingo	9, Virtual Video Chats 9:00am DVD Yoga, 1:30pm Live Entertainment Senior Moments 3:30 Resident House Social A fun Filled Hour of Reminice	10, Virtual Video Chats 9:00am DVD Yoga, 1:00pm Afternoon Walks Weather Permitting 3:30pm Slide Card Bingo	11, Virtual Video Chats 9:00am DVD Yoga, 1:30pm Virtual Video Walking Tours, in the Theatre 3:30pm Slide Card Bingo	12, Virtual Video Chats 9:00am DVD Yoga, 10:30 Therapeutic Artistic Art 1:30 Live Entertainment, Nothing Fancy on LTC 3:30 Resident House Social A fun Filled Hour of Reminice	13, Virtual Video Chats
14, Bake Sale, Wednesday, July 20 th , 10am 	15, Virtual Video Chats 1:30pm Games Club, in the Games Room 3:30pm Card Bingo	16, Virtual Video Chats 1:15 & 3pm Afternoon Movie  3:30 Resident House Social A fun Filled Hour of Reminice	17, Virtual Video Chat 11:00am Resident Meeting 1:00pm Afternoon Walks Weather Permitting 3:30 Slide Card Bingo	18, Virtual Video Chats 9:00 Soft & Sensitive Yoga, 1:15 & 3pm Afternoon Movie  3:30pm Slide Card Bingo	19, Virtual Video Chats 9:00am DVD Yoga, 10:30 Therapeutic Artistic Art 1:30pm Ice Cream Floats on Main Street  3:30 Resident House Social A fun Filled Hour of Reminice	20, Virtual Video Chats
21,	22, 9:00am DVD Yoga, 1:30pm Virtual Video Walking Tours, in the Theatre 3:30pm Card Bingo	23, Virtual Video Chats, 9:00am DVD Yoga, 1:30pm Live Entertainment We Three Trio 3:30 Resident House Social A fun Filled Hour of Reminice	24, Virtual Video Chats 9:00am DVD Yoga, 1:30pm Brain Twister and Lemonaide Mixer in the Games Room 3:30pm Slide Card Bingo	25, Virtual Video Chats 9:00am DVD Yoga, 10:00am Bake Sale 1:30pm Spider Weiner Roast  3:30pm Slide Card Bingo	26, Virtual Video Chats 9:00am DVD Yoga, 10:30 Therapeutic Artistic Art 1:30 Live Entertainment The Echo's Band 3:30 Resident House Social A fun Filled Hour of Reminice	27, Virtual Video Chats
28	29, Virtual Video Chats 9:00am DVD Yoga, 1:30pm Games Club, in the Games Room 3:30pm Card Bingo	30, Virtual Video Chats 9:00am DVD Yoga, 1:30pm Virtual Video Walking Tours, in the Theatre 3:30 Resident House Social A fun Filled Hour of Reminice	31, Virtual Video Chats 9:00am DVD Yoga, 1:15 & 3pm Armchair travel in the Theatre  3:30 Slide Card Bingo			